

NUCLEOTIDES - Ultimate Vitality

Field report by Andreas Hesch, Praxiszentrum Kuehof

As a homeopathic alternative practitioner, my favorite sentence about nucleotides does not open up to outsiders at first glance, one would even suspect something completely different. Probably for this reason, many of our patients of the “Praxiszentrum KueHof” are amazed, not without reason, about my saying: “If I could choose three things for a desert island, the nucleotides would be one of them”.

After all, homeopathy, when applied according to all the rules of the art, is highly potent and an effective therapy. What more could I ask for?

But even with homeopathy we cannot quickly and comprehensively help all patients to regain the immune system that it needs to distinguish effectively and adequately between good and evil and thus to transform a sick into a healthy organism.

In my quest to remedy the epitome of illness quickly and adversely and to help as many patients as

possible to achieve greater resilience in a timely manner, I was able to attend a lecture by Dr. Peter Köppel a few years ago.

At this time, I had already looked far beyond the homeopathic horizon and had gained experience with epigenetics as well as success with detoxification therapies and orthomolecular therapy. However, when I listened to Dr. Köppel’s lecture, I suspected that if this serious-looking scientist, who came up with numerous source-based statements and studies in his lecture, was even remotely right, the nucleotides could be a link, a key (or THE key?!) in our search for the basics of stable and sustainable immunity.

So, we started to “test” the nucleotides in the private sector. My wife had the surprising experience of feeling less tired as long as she was taking nucleotides. If she paused, the tiredness came back after a short time. As an ultra-long-distance runner, I had not experienced an “open window” effect

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(susceptibility to infections after endurance exercise) since the beginning of nucleotide intake, which used to occur in these situations. My muscular regeneration ability was suddenly significantly accelerated and when an infection was announced, I increased from 2 capsules per day to 2 x 4 (for felt lighter infections), or to 2-3 x 6 capsules (if something stronger was announced). The incomprehensible at the beginning: with everyday infections it came within a few hours to a clear switch and the complaints were wiped away, weakness, fatigue and general malaise included.



We then began to question this in our patients as well, used the nucleotides here as well and experienced the same results again and again, with astonishment. So it happened that after another “flu winter” within one and a half weeks, two patients with similar residual symptoms after a flu had taken place (in both cases the flu illness was between 8-12 weeks ago) asked for advice with persistent coughs.

For a homeopathic choice of remedy, the symptoms were not sufficient in both cases and so I was forced to look for an alternative solution. I remembered again the lecture of Dr. Köppel and the studies regarding immune competence enhancement under nucleotides and I tried again in the first case with a dose of 2 x 4 caps over 3 days, after which the patient should reduce to 2 x 2 capsules. However, she called me on the third day and asked me incredulously if it could be that these capsules had completely cured her remaining flu cough within 24 hours.

Furthermore, she wanted to know whether this miracle cure could also do something about allergies. Yesterday, she also gave her husband 2Kpls. of it with acute hay fever and his symptoms disappeared within a day.

After we subsequently encountered more and more such feedback and our spirit of research was awakened again, we decided to give all relatives, friends, and patients with hay fever problems the nucleotides in spring. And it was again incredible: with permanent observation and ideal attitude, we are not aware of any case that does not experience at least a significant improvement. However, the spectacular thing in these cases is the immediate effect! We observed improvements with our own eyes within minutes in deeply chronic hay fever patients with allergic rhinitis, itchy eyes, coughs, even allergic asthma! One might think that these were probably isolated cases. By no means... this was the rule.

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In the meantime, we have also been able to gain extensive experience and have seen the effectiveness of nucleotides confirmed in many other, especially chronic, complaints: various skin, mucosal and intestinal complaints, wound healing disorders, bone regeneration disorders after fractures, etc.

Incidentally, we most frequently experience the reaction of nucleotides in children and adults susceptible to infection, where with 1-2 caps/day (children), or 2-4 caps/day (teenagers/adults), this susceptibility disappears quickly and sustainably (insofar as a nucleotide deficiency is the cause, which, however, seems to be the rule in our experience).

Just a few days ago I received the following message from a 21-year-old patient (type 1 diabetes!): "Good morning Mr. Hesch, it really stunned me! The nucleotides lower my blood sugar, so I need much less insulin. I took 2 x 2 caps but found that I have the greater effect with 4 x 2. I use about 30%-40% less insulin in my pump..." In the future, she will work with me to evaluate how higher doses affect her.

Not to forget our recent experiences with infants, toddlers as well as older children with developmental delays. These seem very promising but cannot yet be definitively assessed due to the short observation time. For the moment, however, we see an accelerated development with reduction or cessation of various related complaints.

Here, as well as in all other areas, we would also be pleased about a lively and courageous interest in researchers among all our colleagues and would also like to participate in their experiences.

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